

First Day of Ramadan or the Last Day of Shaban

## Fasting on the Day of Doubt

It is not correct to fast with the intention of Ramadan when there is doubt whether it is the first day of Ramadan or the last day of Shaban.

Thus, a Qadha fast (if one has on his shoulders) be kept or else a mustahab fast should be observed on that day.

Later, if it becomes clear that today is the first of Ramadan, then the niyat of the aforesaid fast must simply be converted to the niyat of the fast of Ramadan.  
(Fatwa of Ayatollah Seestani)

## Moon Sighting

Question: What is the proof of sighting the moon?

Answer: The evidence could be one or more of the following:

- 1) You have sighted yourself (without binoculars or a telescope).
- 2) The testimony of two men of impeccable character, provided that you do not have any knowledge of instances that they may be wrong, and that you do not dispute their testimony.
- 3) The lapse of thirty days of the month of Shaban, thus reaching certitude that Shaban has come to an end and that Ramadan shall commence.
- 4) When the news of the birth of the moon of Ramadan becomes common place that you are sure of sighting.

([www.sistani.org/english/qa/O1266](http://www.sistani.org/english/qa/O1266))

# Iftaar Duas



If you wish to receive the reward equivalent to all the fasting humans of the world then recite this :

اللَّهُمَّ لَكَ صُومْتُ، وَعَلَى رِزْقِكَ أَفْطَرْتُ، وَعَلَيْكَ تَوَكَّلْتُ

O my Allah, for Thee, I fast, and with the food Thou gives me I break the fast, and I rely on Thee.

Imam Ali (as) used to recite this at Iftaar:

بِسْمِ اللَّهِ اللَّهُمَّ لَكَ صُومْنَا وَعَلَى رِزْقِكَ أَفْطَرْنَا فَتَقَبَّلْ مِنَّا إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

In the name of Allah, O Allah, we fast, and with the food Thou gives us we break the fast, an obligation we fulfill, and Thou art Hearer, Knower

While holding the first bite, recite this so that your sins are forgiven:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ، يَا وَاسِعَ الْمَغْفِرَةِ اِغْفِرْ لِي

In the name of Allah, the Beneficent, the Merciful, O He whose indulgence is boundless, forgive me.

Duas are accepted at Iftaar – Do pray for the reappearance of Imam Mahdi (ajtf)



## Use of energy supplement injections to alleviate weakness during fasting

According to the fatwa of Ayatollah Khui(ra) and Ayatollah Seestani,  
**It is permissible.**

According to the fatwa of Ayatollah Khomeini(ra) and Ayatollah Khamenai,  
**It is not permissible (on the basis of obligatory precaution)**

(Re:Madrasatul Qaaim(as)/post)



# Ramadan

# Kareem



Question

While fasting can a person use perfume or atar which has alcohol?

Answer

**Yes, it is permissible.**

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

[f](https://www.facebook.com/teachingsofquranandahlulbayt) [y](https://www.youtube.com/channel/UC...) /teachingsofquranandahlulbayt

[wa](https://www.whatsapp.com/channel/00299...) :+923013355766



If we were not attentive of the blood which came out of our gums and we swallowed it unintentionally, then this will not invalidate our fast.



The blood which comes out of the gums mixes with the saliva and finishes, then even if the saliva is swallowed it will not invalidate our fast.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

Teachings of Quran and Ahlul Bayt  
TQAB  
Preparing for the Awaited



It is permissible for **Diabetics**  
to take insulin injection  
while fasting.

(Fatwa of Ayatollah Seestani/Madrasatul Qaim as/post)

RAMADAN  
Kareem



## To fast with the intention of losing weight

The intention in fasting should be purely for the sake of God.

If one's intention is to lose weight or for example the intention is to lose weight as well as for the sake of God, and both are **consistent and equivalent**, then it will invalidate the fast.

However, if the intention is 100% for the sake of God and the thought of the benefit of losing weight automatically comes along, then the fast will be valid.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)



**Question:** If we are not sure of how many qaza  
fasts we have, what is our responsibility?

بِرَضَائِكُمْ

[f](https://www.facebook.com/teachingsofquranandahlulbayt) [y](https://www.youtube.com/channel/UC...) /teachingsofquranandahlulbayt [wa](https://www.whatsapp.com/channel/00299...) :+923013355766

**Answer:** We should ascertain the minimum number of  
fasts we think we have missed and limit ourselves to  
that number. It is not necessary for us to fast  
more than this number.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

Question

If we are using the internet while fasting and we suddenly come across an indecent photo. Will this make our fast void?

Answer

The fast will not become void. However, we should move it immediately out of our sight.

[www.sistani.org/urdu/qa/01812](http://www.sistani.org/urdu/qa/01812)

Teachings of Quran and Ahlul Bayt  
TQAB  
Preparing for the Awaited

# Vomitting while Fasting

## RAMADAN *Kareem*

Teachings of Quran and Ahlul Bayt  
TQAB  
Preparing for the Awaited

Fast becomes void if we vomit intentionally. This is also in the event when our illness forces us into vomiting.

However, fasting does not become void if we vomit unintentionally.

Also, if we forget that we are fasting and vomit with intent, then our fast does not become void.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

Teachings of Quran and Ahlul Bayt  
TQAB  
Preparing for the Awaited



## If someone fasted with the intention of Shaban, but it was 1st Ramadan...

If someone fasted in the end of Shaban with the intention of either a qaza fast or a mustahab fast and later found out that it was actually the the 1st of the month of Ramadan, then that particular fast will be considered as the fast of the month of Ramadan.  
(Fatwa of Ayatollah Seestani, Tawzihul Masail, Rule no 1536).

# Ramadan KAREEM



## Question

What is the ruling of a fast wherein, one finds out after finishing his sehri that his watch was 5 minutes slower compared to the original time and he was eating after fajr time had already set in?

## Answer

It is obligatory to observe qadha of such a fast.

(Fatwa of Ayatollah Seestani/Madrastul Qaaim as/post)

## Question:

A girl's parents did not make her aware of her religious obligations when she became baligh and, as a result, she did not fast. Will this girl have to keep the lapsed(qaza) fast as well as the kaffara of it?

## Answer:

It will suffice if she keeps only the lapsed(qaza) fasts. Kaffara is not necessary.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

## Traveling in Ramadhan

### Question:

If, in the month of Ramadhan, a person intends to travel before “Zohr” the following day, is it ok for him to not do the intention of fasting and have breakfast, etc?

(Fatwa of Ayatollah Seestain/Madrasatul Qaaim as/fb post)

### Answer:

It is not permissible to do this. He must fast and abstain from all the things which makes a fast void.

The fast will become qasr when he leaves the city. He can then eat and drink keeping the respect of the month of Ramadhan in mind.

# Can fasting be exempted if we anticipate minor harm due to it?



We cannot skip fasting if we anticipate insignificant harm to our health.

A harm which is normally considered as unbearable or something which can endanger our life or would lead to major harm, then fasting would become unlawful.

To possibly anticipate a little bit of harm will not exempt us of the obligation of fasting.

(Istafta, Ayatollah Seestani/Madrasatul Qaaim as/post)





# Fasting and Weakness

Question: I have a daughter who has attained the age of puberty and she must fast according to Islamic law, but she is too weak to fast. How should she go about fasting?

Answer: A person cannot abandon fast on account of weakness. However, if she is so weak that fasting becomes unbearable, then there is no objection to her breaking the fast. However, the necessary precaution is that she should suffice to eating and drinking only to the extent of necessity and she should also observe the lapsed (qadha) after the month of Ramadan. However, she will not be liable to any Kaffara.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)



# Who should fidya and kaffara be given?

كفارة  
نقبل الله  
صانها  
وفينك



**Question:** Who should 'kaffara and fidya' of the fast be given? What are the necessary conditions?

(According to most mujtahids)

**Answer:** All the following conditions are necessary:

1. They should be Ithna Asheri.
2. They should not be those who do not offer namaz.
3. They should not commit sins openly.
4. They should not spend 'kaffara and fidya' money on haram(forbidden) things.

# Can anesthesia be given while fasting

Ramadan  
— Kareem —

## Question

If the person who is sick has no difficulty in fasting, but needs to be given anesthesia for an operation. What effect would it have on his fast?

## Answer

On the basis of obligatory precaution, the person concerned should complete this fast and also keep a qaza later.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

If the monthly cycle of a woman starts while she is fasting.....



رمضان كريم

Ramadan Kareem

RAMADAN KAREEM

A fast becomes void as soon as "Haiz" starts even if it is just a few minutes before the time of iftar. Once the fast becomes void, a woman can eat and drink and it is not necessary that she wait till iftar to break the fast.

If it is an obligatory fast, then she will have to keep it's qaza at a later date.

(Istafta, Ayatollah Seestani/Madrasatul Qaaim as/post)



# Rules of Fasting

1) We can use medicated eye drops in our eyes while fasting even though we can feel it's taste inside our throat.

2) To put medicine in our nose while fasting with the knowledge that it will reach our throat is Not Allowed.

3) We can get our blood pressure checked while fasting.  
Having blood pressure is not an excuse to skip fast.

4) We can take medicated injection or injection for energy while fasting

5) While fasting a person can put oil in their hair.

6) During fasting one can dye their hair or their beard.  
Same rule applies for using Mehendi.

(Fatwa of Ayatollah Seestani)



Teachings of Quran and Ahlul Bayt  
**TQAB**


Preparing for the Awaited

Question: What if a person is sure that the time of Iftar has set in and opens his fast only to find out later that it was not the time of Iftar?

Answer: If he was sure about the time of Iftar and later found out that it was not Iftar, then on the basis of obligatory precaution, he will have to keep a lapsed (qadha) fast in lieu of this one.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

  /teachingsofquranandahlulbayt

 :+923013355766

Teachings of Quran and Ahlul Bayt  
TQAB

Preparing for the Awaited



Can we pay a visit to the dentist while fasting?

There is no problem in visiting a dentist for dental work while fasting. However, a person should not swallow medicine or blood intentionally.

(Fatwa of Ayatollah Seestani, Madrasatul Qaaim as/post)



# Can we take steam while fasting?

## Question


Is it allowed to take steam or get a facial while fasting?

## Answer

Steam reaching the nostrils does not invalidate the fast (however, when the vapour is inhaled and converts to water and trickles down the throat, then the fast becomes invalid).

(Fatwa of Ayatollah Seestani, Madrasatul Qaaim as/post)

  /teachingsofquranandahlulbayt

 :+923013355766





Can we donate blood or get cupping done while fasting?

It is abominable (makrooh) for a person who is fasting to donate blood or go for cupping if the extraction of blood makes him weak. However, it does not invalidate the fast.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

[f](https://www.facebook.com/teachingsofquranandahlulbayt) [y](https://www.youtube.com/channel/UC...) /teachingsofquranandahlulbayt    [wa](https://www.whatsapp.com/channel/00299...) :+923013355766



## Severe Constipation and Fasting

While fasting it is permissible to use solid rectal suppositories which are not in liquid form (one can take an enema with it).

It can be used to relieve the bowel and the fast will not become void.

Note: If a liquid enema is taken intentionally, the fast will become void.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)



## Question

Is it permissible to take a bath from a head shower while fasting?

## Answer

Yes, it is permissible.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

**If the journey is unlawful, then the person will have to pray in full and also fast.**

To undertake an unlawful journey (for example: a wife travelling without her husband's permission on a trip that is not obligatory, or a child travelling and the trip would cause grief to his parents) is impermissible.

Thus, it will be obligatory for the person to pray complete namaz(not qasr) and to fast (if it is the month of Ramadan) for the duration of the journey.

(Tauzih ul Masail, Ayatollah Seestani, 1281 & 1282)



## Question


Does licking ones lips to wet them and, then taking the moisture back in one's mouth, invalidates one's fast?

## Answer

No, it will not invalidate the fast.

(Fatwa of Ayatollah Seestani/MadrasatulQaaim as/post)

  /teachingsofquranandahlulbayt

 :+923013355766

  
Ramadan  
Kareem



## What if a sick person becomes healthy again

If a sick person becomes well before the time of **zohr** and he has not done anything which invalidates the fast, then it becomes obligatory upon him to fast on that day.

However, if he becomes well after the time of **zohr**, then he does not have to fast on that day.

(Fatwa of Ayatollah Seestani/  
Madrasatul Qaaim as/post)

Ramadan  
Kareem

# Use of Electronic Cigarettes while fasting



On the basis of obligatory precaution  
(ithtiyat-e-wajib) it is **not permissible** to use  
electronic cigarettes while fasting.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)



## Can we break our fast because of weakness?

According to the fatwa of Ayatollah Seestani and Ayatollah Khamenai, a person cannot break his fast on account of weakness or even extreme weakness. The exception in such a condition is when it becomes unbearable for a person to fast. *In such a case he will be allowed to break his fast.* However, he will have to keep a lapsed fast in lieu of this after the month of Ramadan.

(Re: Madrasatul Qaaim as/post)


RAMADAN Kareem

# Burping while fasting

While fasting there is no problem in burping intentionally. However, if something comes into the mouth as a result, then one cannot swallow it back.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

  /teachingsofquranandahlulbayt

 :+923013355766



## Question

Is it permissible to brush our teeth while fasting?

# RAMADAN KAREEM

## Answer

It is permissible (provided you do not swallow the liquid that is in your mouth)

Fatwa of Ayatollah Seestani/Madrasatul Qaaim/post)



**Can we use a spray to suppress the smell that comes from our mouth while fasting.**

If a person uses a scented spray to suppress the bad odour that is coming from his mouth, then he should ensure that the liquid does not go down his throat.

If the liquid does go down his throat it will make the fast void, otherwise the fast will remain valid.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

## Use of some medication while fasting

While fasting the use of mouthwash to prevent fungal infection, or the use of medical drops, or inhaler (which has a strong smell) to treat a blocked nose, is permissible provided that none of it goes below the throat.

As long as it remains restricted to the mouth, there is no problem in smelling or even swishing.



(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)




# Zakat of Fitra

What is the responsibility of the person who has not taken fitra out of the previous years?

It is obligatory for the person to immediately take out fitra of all the previous years.  
(Fatwa of Ayatollah Sestani)

  /teachingsofquranandahlulbayt

 :+923013355766






# Attributing Hadith's while Fasting

**Question: What happens to the fast of a person who mistakenly or intentionally attributes one masoom's (Prophet pbuh and his pure progeny's) hadith to another masoom?**

**Answer: If he does it on purpose, then his fast will be void on the basis of obligatory precaution and if he does it mistakenly then his fast will be correct.**

*(Fatwa of Ayatollah Seestani/Madrassatul Qaaim as /post)*

  /teachingsofquranandahlulbayt

 :+923013355766

# RAMADAN

Teachings of Quran and Ahlul Bayt  
TQAB  
Preparing for the Hereafter

## Diabetics & Fasting

It is permissible to check one's blood sugar while fasting.

It is not necessary that all diabetics are exempt from fasting. Diabetics is not enough of a reason to skip fasting.

**Fatwa of Ayatollah Seestani/Madrasatul Qaaim(as)/post**

**Advice: Diabetics can fast by maintaining an appropriate diet and regulating their medicine.**

**According to medical research fasting is recommended for diabetics.**

**Holy Prophet (ﷺ) said:  
“fast and acquire health.”**





# A person who intentionally does not fast in Ramadan

Ramadan  
Kareem

Question: What is the Kaffara if a person does not fast intentionally?

Answer: If a person purposely does not fast in the month of Ramadan, for every missed roza, it is obligatory for him to keep that lapsed fast and fast for two months or give food to sixty people or free a slave.

Furthermore, if he does not do the qadha of these fasts till next Ramadan, then on the basis of obligatory precaution he should give one mud (3/4kg of flour or anything edible) as kaffara as well.

(Fatwa of Ayatollah Seestani/Madressatul Qaaim as/post)

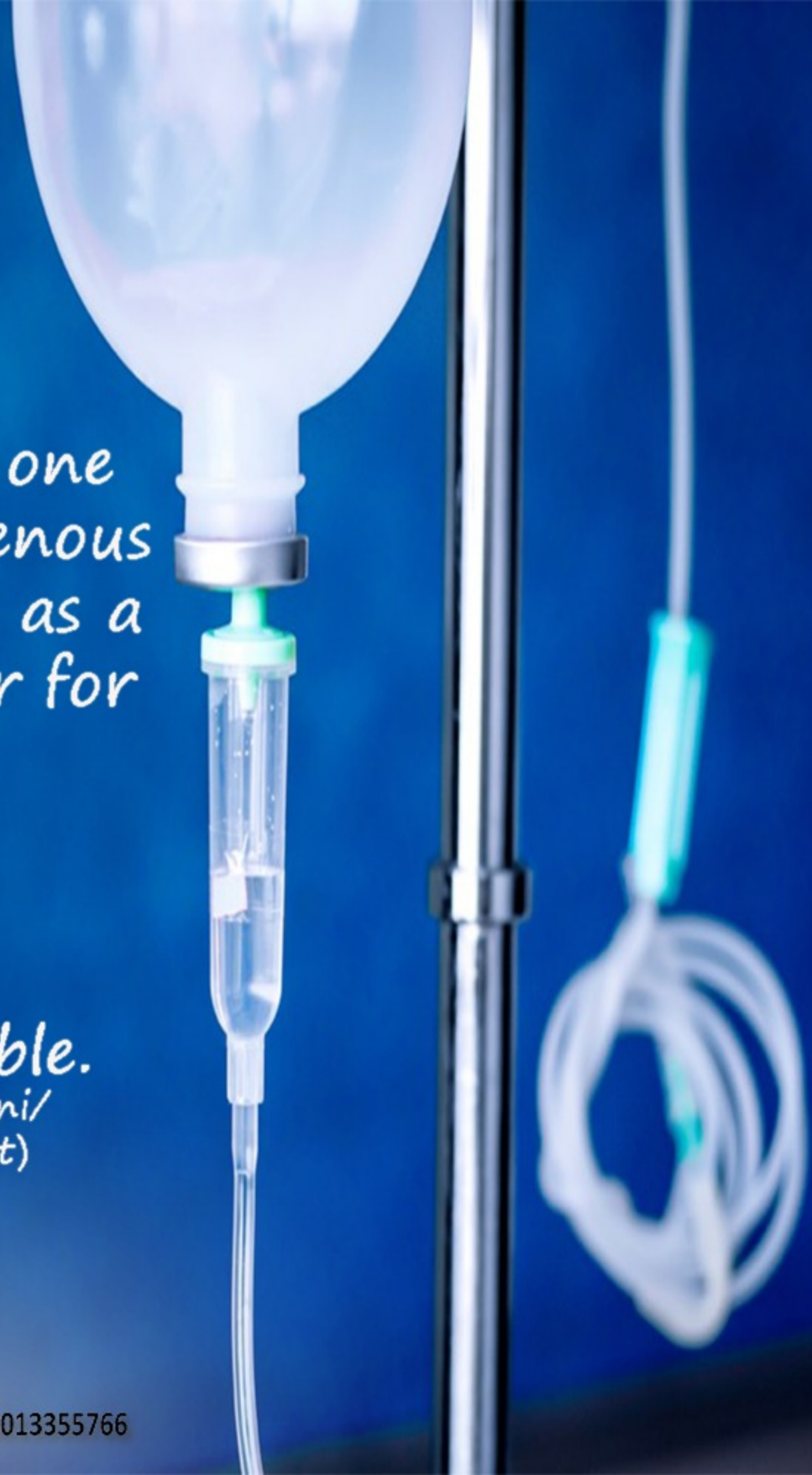
## Question

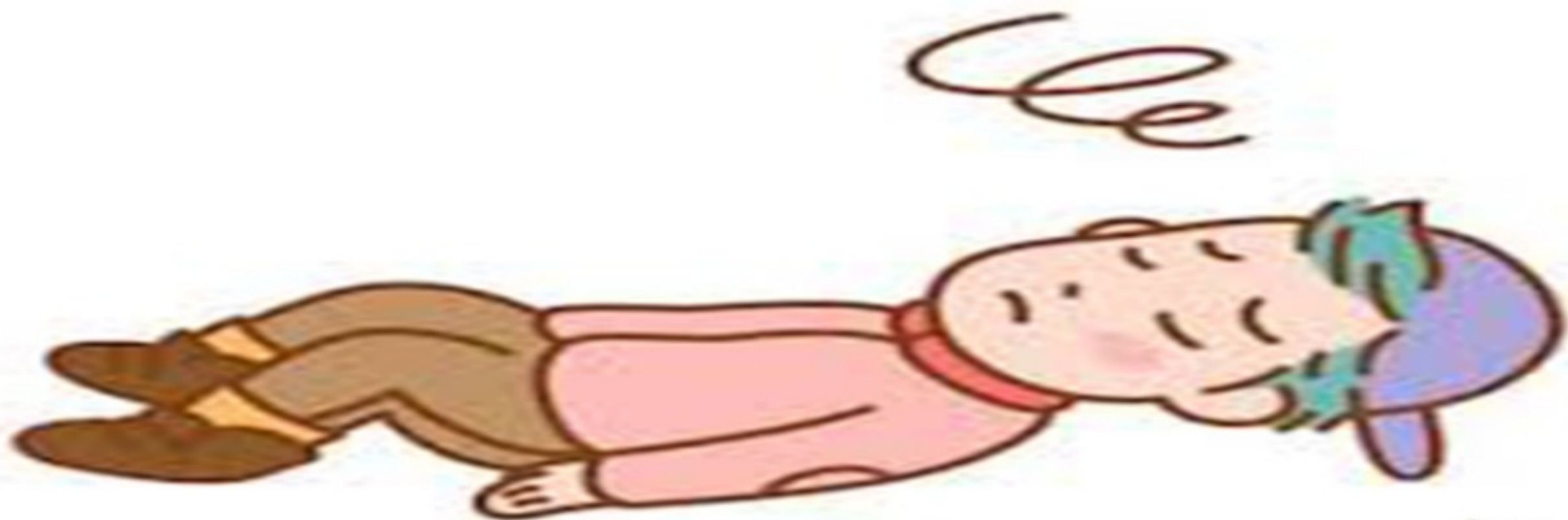
While fasting, can one take a drip (intravenous fluids) as medicine, as a food supplement or for energy?

## Answer

Yes, it is permissible.

(Fatwa of Ayatollah Seestani/  
Madrasatul Qaaim as/post)





Question:


Will the fast become void if a person faints?

Answer:

No, the fast will not become void.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

  /teachingsofquranandahlulbayt

 :+923013355766



## Women and Ramadan

Question: If the monthly menstrual cycle of a woman finishes and she does not have enough time to do ghusl or even tayammum, what should she do?

Answer: If a woman becomes pure before the time of Fajr prayers and she makes the intention to fast because she does not have enough time for ghusl or even tayammum, then her fast will be in order. She will then have to do a ghusl to pray Fajr and other obligatory prayers.  
(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)



## Fasting and Namaz with Wrong Ghusl

### Question:

A person realized that the way in which he had been performing ghusl had been wrong. During that period he had prayed and kept fasts of the month of Ramadan. Should he perform the qadha of his namaz and fasts?

### Answer:

This person does not need to do the qadha of all the fasts that he had kept. However, he should do the qadha of all the prayers (namaz) he had prayed during the period his ghusl was wrong.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)



Can we give food and drink to those people in the house who are intentionally not fasting?

Answer: It is permissible to cook food in a house where people are purposely not fasting. However, presenting food to such people is forbidden (haram).

Moreover, people who are unable to fast because of illness, traveling, old age, etc can be given things to eat and drink in a manner that it does not result in

disrespect of the month of Ramadan.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)



Question: While fasting, can we use lip balm or lip gloss to prevent our lips from getting dry?

Answer: It is permissible to use the lip balm or lip gloss provided that it does not mix with one's saliva and goes down the throat.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

[f](#) [v](#) /teachingsofquranandahlulbayt [t](#) :+923013355766

*Teachings of Quran and Ahlul Bayt*  
**TQAB**

Preparing for the Awaited



# Ramadan

**Question: Can a woman take medication so that she can fast the entire month of Ramadan?**

**Answer: Yes, she can.**  
(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)





# Itekaf

Question: What is the minimum time period for Itekaf?

Answer: The minimum period of Itekaf is 3 days. Itekaf cannot be done for two days or less. After completing 3 days, Itekaf can be done for a 4th day as well, however, once the 5th day of Itekaf is completed, it is obligatory to complete the 6th day as well.

Similarly, after every 2 days of Itekaf the next day of Itekaf becomes obligatory by default.  
(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)



Question: Is it neccessary to mention the niyah of fasting verbally?

Answer: It is not neccessary to utter the niyah (intention) verbally. To pass it through your mind or simply have the intention to perform it would suffice.

[www.sistani.org/english.org/qa/02649](http://www.sistani.org/english.org/qa/02649)



# Nose and Mouth Bleed in Fasting

Question: What happens if blood comes out from a persons mouth or nose while he is fasting?

Answer: If a vessel bursts and blood comes out from a persons mouth or nose, then it will neither effect the fast nor invalidate it.



(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)


# Not performing the obligation of Ghusl

**Question:** If ghusl becomes obligatory upon a person and he either purposely or out of shyness delays the performing to the extent that he only has enough time left for tayammum, then is he allowed to fast on that day?

**Answer:** Although he would have committed a sin, but his fast will be correct.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

  /teachingsofquranandahlulbayt

 :+923013355766



Preparing for the Awaited

# Obligatory Ghusl and Fasting in Ramadan

Question: What if the time of Sehri finishes while a person is doing his obligatory ghusl?

Answer: A person was sure that there was enough time and then started his obligatory ghusl. However, during the ghusl if he realizes that the time of sehri has finished (time of Fajr namaz has set in), then his fast will be in order.  
(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)



# Eating and Drinking



## Question:


What happens when a person accidentally eats or drinks while fasting?

## Answer:

The fast does not become void when a person eats or drinks by mistake.

(Fatwa of Ayatollah Seestani/Madrastul Qaaim as/post)

  /teachingsofquranandahlulbayt

 :+923013355766



Question:

What happens if a person does not have enough time to do ghusl, but is able to do tayammum?

Answer:

If in the month of Ramadan a person does not have enough time to do ghusl, but is able to do tayammum, then his fast will be in order. However, he must perform ghusl for fajr prayers.

The tayammum done due to shortage of time will suffice for the fast, but he will have to do ghusl for fajr namaz.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaimas/post)

Question: Can we gargle while fasting?

Answer: It is permissible to gargle while fasting, however, if the water goes into the throat then the fast will become void.

(Fatwa of Ayatollah Seestani/Madrastul Qaaim as/post)



# Qaza Umri Namaz On The Last Friday Of Ramadan

The namaz which is prayed on the last Friday of the month of Ramadan in lieu of all the lapsed prayers which one has on his shoulders is not proven according to fatwas of current Mujtahids.

Thus, a person has to perform all the lapsed prayers that he has on his shoulders and there is no such proven namaz which if offered, can compensate for them

(Ayatollah Seestani/Madrasatul Qaaim as/post)

[f](https://www.facebook.com/teachingsofquranandahlulbayt) [y](https://www.youtube.com/channel/UC...) /teachingsofquranandahlulbayt

[wa](https://www.whatsapp.com/channel/00299...) :+923013355766

## Question:

What happens if there is seminal discharge after fajr prayers in the month of Ramadan?

## Answer:

In the month of Ramadan, if there is seminal discharge after the time of fajr prayers has finished, then it is not necessary for a person to perform the ghusl immediately. His fast will be in order even if he does not perform ghusl till the time of Iftar.

However, it is obligatory for a person to do ghusl for the prayers (namaz) of Zohr and Asr and other obligatory prayers.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

ramadan karim

ISLAMIC BACKGROUND

## Question

If a person swishes water in his mouth because of thirst and the water accidentally goes down the throat, what will happen to his fast?

## Answer

He will have to complete this fast and keep a lapsed(qaza) fast as well.  
(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)



Question:

What happens if water accidentally goes down the throat while taking a ghusl?

Answer:

The fast does not become void if a person had no intention to do so and it happened accidentally.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

## Question:

If the eldest son would like to hire the services of someone to keep the lapsed fasts of his deceased father, is it permissible for him to use the money from inheritance?

## Answer:

No, it is necessary that the eldest either carry out the lapsed fasts himself or use his own money to hire the services someone to do so. He cannot take the money from inheritance unless the father has left a will in this regard.

Which amount should the eldest son use to pay for the lapsed fast and namaz of his deceased father

Teachings of Quran and Ahlul Bayt  
TQAB  
Preparing for the Awaited



# Ramadan

## KAREEM

**Question:** Is it permissible to travel in the month of Ramadan to avoid fasting?

**Answer:** It is permissible (but makrooh) to travel in the month of Ramadan with the intention to avoid fasting.

However, it will not be makruh if we travel to undertake the journey of Umrah or Ziyarats during the month of Ramadan.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

**Note:** The person will have to make up the fasts which he had missed in the month of Ramadan because of traveling.

# Ramadan

## Question

Can we open our fast if we are in doubt whether it is time of iftar?

## Answer

No, it is not permissible to open our fast unless we are sure that it is time of iftar.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)



**Question:** Can we perform the Āma'als of Shab-e-Qadr without being in wudhu?

**Answer:** With the exception of Namaz we can perform all the Āma'als without wudhu.

(Ref: Madrasatul Qaaim as/post)





Ramadan Kareem

Teachings of Quran and Ahlul-Bayt  
TQAB  
Preparing for the Awaited

**Question:** In the month of Ramadan if the eyes of a person open after the Azan of Fair and he finds out that ghusl had become obligatory on him, will his fast be correct?

**Answer:** Yes, his fast is correct, however, he will have to perform a ghusl for namaz.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

[f](https://www.facebook.com/teachingsofquranandahlulbayt) [y](https://www.youtube.com/teachingsofquranandahlulbayt) /teachingsofquranandahlulbayt [wh](https://www.whatsapp.com/+923013355766) :+923013355766

For those heart patients who need to keep  
medicine under their tongue, how can  
they fast?



At times, people need to keep medicine under their tongue for either a heart ailment or as a pain killer.

This medicine goes from under their tongue into their blood stream, therefore bypassing the throat. In addition, there are also sublingual sprays.

Is it permissible to use them?

According to Ayatollah Khamenai, on the basis of ihtiyat-e-wajib one cannot use them and their fast will become void. However, if the pain in the heart leads to more harm, then it can be used while fasting and a qadha fast will also have to be kept after Ramadan.

According to the fatwa of Ayatollah Seestani, since such medicines do not go down the throat, it is permissible to use them while fasting.

# Shab-e-Qadr



[f](#) [yt](#) /teachingsofquranandahlulbayt

[whatsapp](#) :+923013355766

## Question

Can we perform the Ama'al of Shab-e-Qadr in a language other than Arabic, for example English, Urdu, etc?

## Answer

Yes, it is permissible. However, it is better to perform them in Arabic.

(Ref: Madrasatul Qaaim as/post)

## Ghusl of 19th, 21st & 23 night of Ramadan

According to Ayatollah Khui(ra) and Ayatollah Seestani it is mustahab to do ghusl in the first part of the night of 19th, 21st and 23rd Ramadan and a person does not have to do wudhu for namaz after that, although it is better to do so.

-----  
According to Ayatollah Khomeini(ra) and Ayatollah Khamenai, it is neccessary for one to do wudhu for namaz after performing these ghusl.

(Re: Madrasatul Qaaim as/post)

# What Ama'als of Shab-e-Qadr can a woman do in Haiz?

According to the fatwa of Ayatollah Seestani and Ayatollah Khamenai, a woman can do all the ama'al of Shab-e-Qadr except namaz and the recitation of the 4 verses of the Holy Quran which makes sajda become obligatory. She can also recite all the duas, ziyarats, tasbihats and ama'al of Quran and various zikrs.



However, those who are still in the taqleed of Ayatollah Khomeini(ra), they should not pray namaz and recite the 4 surahs in which there is the verse which makes sajda obligatory. They should also not recite verse no 18 of Surah Sajda which is in Dua Kumail.

(أَفَمَنْ كَانَ مُؤْمِنًا كَمَنْ كَانَ فَاسِقًا، لَا يَسْتَوُونَ)

(Re: Madrasatul Qaaim as/post)

The rule regarding one who  
continues to eat during  
Adhan-e-Fajr

If one unknowingly thought that it is  
allowed to eat and drink during  
Adhan-e-Fajr, but not after it and eats  
in that duration, he will have to keep  
all the qazas of such a fast.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)



While fasting can we put creams, etc which  
get absorbed in our skin?

It is permissible to use medicated creams,  
creams, oil, ointments, lotions and deodorants (all  
of it which get absorbed in our skin) and it does  
not invalidate our fast.

(Fatwa of Ayatollah Seestani/Madrastul Qaaim as/Post)

رمضان كريم  
Ramadan Kareem



Question: What happens when a boy or a girl becomes baligh in the month of Ramadan?

Answer: If a boy or a girl becomes baligh before the time of Fajr prayers, then it is obligatory (wajib) for them to fast on that day. However, if they become baligh after the time of Fajr prayers, then it will not be obligatory for them to fast on that day. (They should start fasting from the following day).

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)



# Can we swim while fasting.

According to the fatwa of Ayatollah Seestani, immersing the whole head into water does not invalidate the fast, although it not desirable at all for a person to do this and, if possible, it is better for him to avoid it.

However, on the basis of ihtiyat-e-wajib, Ayatollah Khomeini(ra) and Ayatollah Khamenaie do not allow a person to immerse his whole head in water while fasting.

(Madrastul Qaaim as/post)

# Ramadan KAREEM



## If we do not want to fast because of illness, What should be the criteria?

For a person who is sick, he/she can only not fast in the circumstance when that particular illness is harmful or that it is very difficult to bear or that the illness gets prolonged or the agony increases or that fasting lengthens the time in getting cured.

The criteria of the fear of the above should be on the basis of yaqeen (certainty), zan or ihtemal and subject to logical reasoning.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

## Question

What happens when saliva gathers in the mouth after looking at delicious food. Will it make our fast void if we swallow it?

## Answer

Fast does not become void if we swallow the saliva which has gathered in our mouth after looking at delicious food, after smelling it or after thinking about it.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)





## Fiṭra of Domestic Servants (maids, drivers, etc)

Domestic servants who normally return to their own homes daily after finishing their work are not considered as dependants of the employer.

Their fiṭra is not obligatory on their employer, even if they were to have their iftar/meal at the house they are working in.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)



*Ramadan Kareem*

## Question

If poor believers are not available in our area/city/country, then who else can we give our fitra to?

## Answer

If a person is living in an area/city/country where poor believers (i.e those who deserve fitra) are not available, then, fitra can be given to poor muslims who are not Shia.

However, fitra cannot be given to the enemies of Ahlulbayt(as).

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)



# Ramadan

## Ghusl of Shab-e-Qadr

The ghusl of Shab-e-Qadr is Mustahab. However, one can do the intention (niyats) of other obligatory ghusls like ghusl of janabat, ghusl of haiz, ghusl of touching the dead body, etc along with it.

In addition, one can also do the intention of ghusl juma (friday), ghusl Ziyarat of Imam Hussain (as), ghusl of repentance (tauba), etc with it.

One can do the intentions of many ghusl and perform just one ghusl and it will suffice.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)



# Zakat

When giving zakat of fitra to the deserving can we use the term gift (or anything similar) so that the receiver does not feel insulted?

Yes, we can. However, our intention (niyat) should be that of giving zakat of fitra.  
(Fatwa of Ayatollah Seestani)

# Zakat

Question: Is it obligatory on the family (wife/ children) to give their own zakat of fitra if the father/husband does not give it?

Answer: No, it is not obligatory.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

Teachings of Quran and Ahlul Bayt  
TQAB

Preparing for the Awaited



/teachingsofquranandahlulbayt



:+923013355766



## What is the amount of Zakat of Fitra per person?

3 kgs of Wheat or the cash amount  
equivalent to it.

or

3 kgs of Rice or the cash amount  
equivalent to it.

### Note:

- 1) If a person is giving cash, then he should know whether the cash is in lieu of wheat or rice.
- 2) It must be noted that fitra can be given on things other than rice and wheat. Details are given in the books.  
(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

# Kaffara

## Question

Can one give kaffara to religious institutions who work for the betterment of the poor?

## Answer

Yes, one can give kaffara to such religious institutions provided he/she is convinced that the institution will abide by the Shara'i rules and regulations in handing over the kaffara to the deserving.

(Fatwa of Ayatollah Seestani)



# Zakat ul-Fitr

## Question

Is it obligatory on a wife who is the caretaker (kafeel) of a house, to pay fitra for her husband and children?

## Answer

Yes, it is obligatory on the wife to give.

(Fatwa of Ayatollah Seestani/  
Madrasatul Qaaim as/post)

# One must specify the food he is giving fitra of

According to the fatwa of Ayatollah Seestani, it is obligatory (wajib) on a person to specify the food he is giving fitra of and the money that he is giving instead of that food.

(i.e, 3 kgs of wheat or 3 kgs of rice, etc)

# زكاة الفطر Zakat Al Fitr

# زكاة الفطرة

Teachings of Quran and Ahlul Bayt  
TQAB

Preparing for the Awaited

## Question

Is it permissible to delay in giving zakat of fitra (i.e giving it after a few days)?

## Answer

No, it is not permissible

(Ayatollah Seestani/Madrasatul Qaaim as/post)



/teachingsofquranandahlulbayt



:+923013355766

# Some Questions about Sighting the Moon

Question: Is it necessary for me to research the sighting of the moon?

Answer: No, it is not necessary.

Question: If I find out that the moon has been sighted, is it necessary for me to inform others?

Answer: No, it is not necessary.

Question: I have sighted the moon with my own eyes. Can I celebrate Eid-ul-Fitr tomorrow?

Answer: Yes, it is necessary for you to celebrate Eid-ul-Fitr tomorrow.

Question: What is necessary in celebrating Eid-ul-Fitr?

Answer: One must take care of two things:

- a) Pay Zakat of Fitra if it is obligatory upon you.
- b) Do not fast, it is forbidden to fast on the Day of Eid.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim, as/post)



## Day of Eid - Three Possible Scenarios

- 1) If moon **has been sighted**, then it will be 1st of Shawwal - A person must celebrate Eid and pay Zakat of Fitra.
- 2) If moon **has not been sighted** after the 29th day of fasting, then one should treat the following day as the 30th of the month of Ramadan and observe fast.
- 3) If a **person does not know** (after the 29th day of fasting) whether moon has been sighted or not, then it is obligatory to fast. This person should celebrate Eid day after tomorrow.

**Question:** I fasted thinking it to be the 30th of the month of Ramadan - During the day I find out that moon was sighted -  
What should I do?

**Answer:** Open your fast, pay Zakat of Fitra and celebrate Eid.  
(Fatwa of Ayatollah Seestani/Madrastul Qaaim as/post)

# Zakat

## Question

Can we buy and give medicines, books or other essentials of life to the deserving (mustahqeen) as zakat of fitra instead of giving the food item or the amount equivalent?

(Ayatollah Seestani/Madrasatul Qaaim as/post)

## Answer

No, one cannot do this. One must give the food item or the amount equivalent. Then, it will be up to his discretion on how he wants to use it.



## *Ramadan Kareem*

### Question

Can one continue to have sehri if he is in doubt of whether or not the time of Fajr prayers has set in?

### Answer

It is permissible for a person to eat when he is in doubt. However, if he finds out later that the time of Fajr had actually set in, then he will have to observe a qadha of this particular fast.

(Fatwa of Ayatollah Seestani / Madrasatul Qaaim as /post)



## Keeping lapsed (qadha) fast of the month of Ramadan

If we are keeping a lapsed fast of Ramadan, it can be broken intentionally before the time of Zohr. This is not considered a sinful act nor is there any kaffara for it.

However, one is not allowed to break the lapsed fast of Ramadan after the time of Zohr and if he does so then he must make up this lapsed fast at a later date.

Anyone who breaks a lapsed fast after the time of Zohr has set in, then he will have to give kaffara for it (i.e. feed ten needy people and if he is not able to keep ten needy people, then he should fast for three days).

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

[f](#) [v](#) /teachingsofquranandahlulbayt

[t](#) :+923013355766

# رَمَضَانَ كَرِيمًا

After completing the fast we realize that  
it was harmful for our health

Teachings of Quran and Ahlul Bayt  
TQAB  
Preparing for the Awaited

If a person or patient was sure that fasting would not be harmful for him, and finds out after completing the fast that he was mistaken and fasting was actually harmful for him, then in this case the fast that he had kept would not be sufficient and on the basis of obligatory precaution he will have to keep a lapsed fast.

(Istafta, Ayatollah Seestani/Madrasatul Qaaim as/post)

# Shab-e-Qadr

Teachings of Quraan & Ahlul Bayt  
TQAB  
Preparing for the Awaited

## Question

Can a woman perform the Āma'al of Shab-e-Qadr if she is in Haiz?

## Answer

Yes, she can. However, she must be careful that her hands do not touch the words of the Holy Quran.

(Ref: Madrasatul Qaaim as/post)



## Question

What happens when the time of sehri finishes while we are still eating?

## Answer

If while eating a person finds out that the time of sehri has finished, he should take out whatever is in his mouth and his fast will be correct.

However, his fast will become void if he intentionally swallows the bite.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

## Question:

Can a woman who is in her menstrual period read and touch the words of the Holy Quran?




## Answer:

She can read the Holy Quran, except for those verses which include obligatory prostration (sajdas). She cannot touch the verses of the Holy Quran.

([www.sistani.org/english/qa/01296](http://www.sistani.org/english/qa/01296))



تعاليم القرآن الكريم

  /teachingsofquranandahlulbayt  :+923013355766

Teachings of Quran and Ahlul Bayt  
TQAB

Preparing for the Awaited

# Shab-e-Qadr Shab-e-Qadr

## Question

In the Āma'al of Shab-e-Qadr, do we have to open the Ĥoly Quran and place it on our head or a closed Ĥoly Quran on our head would be ok?

## Answer

It will suffice if a closed Ĥoly Quran is placed on our head.

(Ref: Madrasatul Qaaim as/post)

# Swallowing Phlegm while Fasting



Question: What is the Islamic ruling in regards to swallowing one's own *phlegm*?

Answer: It is preferable for the fasting person not to swallow phlegm that has reached the mouth as a measure of recommended precaution, although it is permissible for him to swallow it.

Similarly, it is permissible for him to swallow the saliva that has gathered in the mouth, even in large quantities.

Ref : <http://www.sistani.org/english/qa/02662/>



Preparing for the Awaited



/teachingsofquranandahlulbayt



+923013355766



# Use of puffers while Fasting

Question: Some people have *asthma* and need to use puffers when fasting. What is the ruling on that?

رمضان كريم  
ramadan kareem

Answer: If the spray that comes out of the nozzle enters the respiratory tract and not the passage of food and drink, it does not invalidate fast.

Ref: <http://www.sistani.org/english/qa/02662/>



Preparations for the Awaited



/teachingsofquranandahlulbayt



+923013355766

# Right time of giving Zakat of fitra

It is not correct to give zakat of fitra before Ramadan.

One can give fitra after the month of Ramadan has started. However, on the basis of recommended precaution (ihtiyat-e-mustahab) one should not give it in the month of Ramadan and prolong giving it till the night preceding the Day of Eid (shab-e-eid).

(Ayatollah Seestani/Madrasatul Qaim as/post)

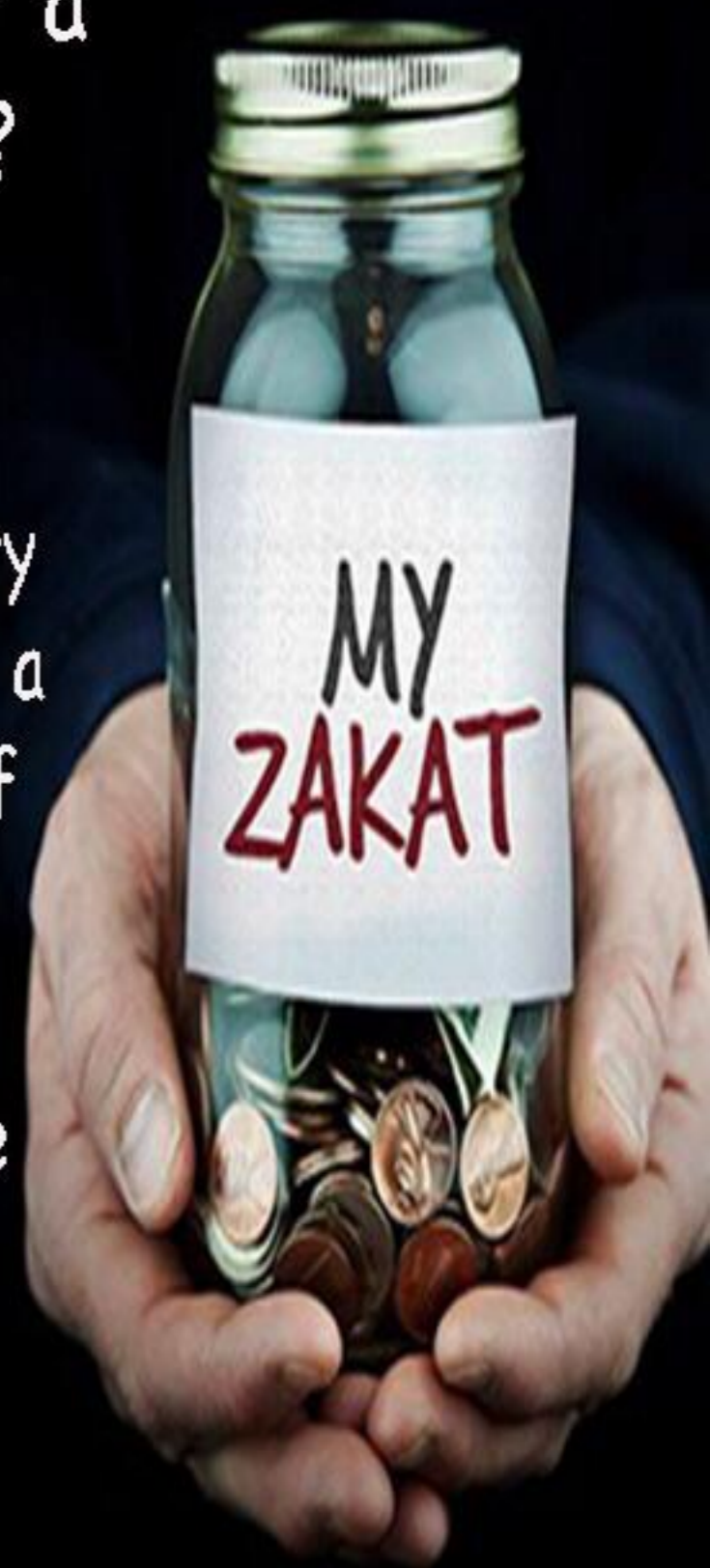


# Can fitra be given for the construction of a Mosque, an Imambargah or a Madrassa?



According to Ayatollah Seestani, on the basis of obligatory precaution, fitra cannot be given for the construction of a mosque, an imambargah or a madrassa. It is the right of the deserving (mustahqeen) and should be distributed among them.

According to Ayatollah Khamenai, it can be given for the construction of a mosque, imambargah or a madrassa, although it is better if given to the deserving (mustahqeen).



GOES TO THOSE IN NEED

# Fitra given by Syed and a Non-Syed

When a syed takes out fitra it can be given to both, a deserving (mustahqeen) who is a syed and one who is a non-syed.



# Zakat Ramadan

When a non-syed takes out fitra, it can only be given to a deserving (mustahqeen) who is a non-syed and cannot be given to one who is a syed.

(According to Ayatollah Seestani/Madrasatul Qaaim as/post)

## Question

Is it necessary to keep the lapsed fast first and give the Kaffara later or can we give the kaffara even before keeping the lapsed fast?


## Answer

One is not required to maintain a sequence in this regard. Kaffara can be given first and qadha fasts be kept later or vice versa.

*(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)*

Teachings of Quran and Ahlul Bayt  
TQAB

Preparing for the Awaited



# One who cannot fast because of very old age




## Question

When should very old people who cannot fast  
give fidya?

## Answer

A person who is very old and fasting for him is  
unbearable or extremely difficult, can give their  
fidya at the beginning of Ramadan for the entire  
month.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

  /teachingsofquranandahlulbayt  :+923013355766



## Kaffara does not get waived if a person was not aware of it.

A person did not fast for several years after the age of puberty, because he was not aware that fasting was obligatory. If such is the case, he will have to keep all the fasts that he has missed, but Kaffara will not be obligatory upon him.

However, he knew that fasting was obligatory, but was not aware that kaffara also becomes obligatory if fasts are left out without a legitimate religious excuse, then kaffara does not get waived for not knowing the rule.

Thus, in addition to keeping the lapsed fasts, this person will also have to give kaffara and kaffara-e-takheer for all the fasts which he left out on purpose.

(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)

[f](https://www.facebook.com/teachingsofquranandahlulbayt) [y](https://www.youtube.com/channel/UC...) /teachingsofquranandahlulbayt

[wa](https://www.whatsapp.com/channel/00299...) :+923013355766

# Ramadan Kaffara

If a person has too many Kaffara's of the fasts of Ramadan on his shoulders and he is unable to give them in one go, then he can give them in installments.  
(Fatwa of Ayatollah Seestani/Madrasatul Qaaim as/post)





## Kaffara and Fidya

If we are giving Kaffara or Fidya to the deserving, do we have to inform them about it?

No, we do not need to tell them that this particular amount or thing is a Kaffara or Fidya. Just handing it over to them would suffice.

(Fatwa of Ayatollah Seestani, Madrasatul Qaaim as/post)